

*Divorce Coaching & Life Coaching from a Christian Perspective*

# WHAT DOES THE BIBLE SAY ABOUT DIVORCE?



## Will God Be Upset or Angry With Me If I File for Divorce?

As a Christian, we may struggle with the idea of divorce. Divorce is scary for everyone, but for Christians, there is an additional element. Will God be disappointed, upset, or angry? **Divorce is always a result of sin, but that does not mean the act of getting a divorce is sinful.**

Our faith tells us that we are supposed to live a dutiful and disciplined life. We honor our commitments. We are to be good to others, even when they don't deserve it.

What happens if we find ourselves in a marriage that we know does not serve the purpose that God intended? Is it okay to file for divorce? The answer is yes. God does not want you to suffer. That does not mean He encourages divorce for selfish reasons (being bored with your spouse, finding someone else, wanting more money, etc.) but God does approve of divorce in certain circumstances.

You should do everything in your power to save your marriage. It is a commitment that takes work and involves sacrifices. However, God does not condone abuse or adultery.

If you find yourself questioning whether divorce is appropriate for you, and how that ties in to your Christian faith, schedule a coaching session at [www.adrikos.com](http://www.adrikos.com)

## Scripture

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. - Jeremiah 29:11

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go. - Joshua 1:9

He heals the brokenhearted and binds up their wounds. - Psalm 147:3

Jesus answered him, "What I am doing you do not understand now, but afterward you will understand. - John 13:7

When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. - Isaiah 43:2

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If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. - 1 John 1:9

## When Is It Acceptable to Pursue a Divorce?

Many states say that divorce is acceptable for no reason at all other than that you and your spouse no longer see eye to eye. This is often called irreconcilable differences. God does not have the same low threshold for getting a divorce as the courts. Divorce is not intended to be self-serving or acceptable for any reason. However, God does not want you to live suffering or be hindered from living your God-given purpose. Here are some reasons that the Scripture tells us may be acceptable to seek a dissolution of marriage:

**Abuse** - While the Bible does not as explicitly address certain forms of abuse, such as emotional and verbal abuse, God makes it clear that spouses are intended to treat each other a certain way. In the absence of a loving and respectful relationship, the vows of marriage have been broken.

**Adultery** - The Lord does not want us to participate in, or suffer from our spouse engaging in, extramarital affairs. God intended the beauty of intimate relations to be between spouses. "Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous." Hebrews 13:4 E

**Marriage to an Unbeliever** - When we are married to a spouse who does not have a connection to God, they are more tempted to lead a life of sin. As a partner, it is a slippery slope to living a life of sin yourself.

*But if the unbelieving partner separates, let it be so. In such cases the brother or sister is not enslaved. God has called you to peace.* 1 Corinthians 7:15

**Desertion** - *"It is not good for the man to be alone; I will make him a helper suitable for him"* (Genesis 2:18). If your partner has left you physically or emotionally, you are no longer one flesh. You are not expected to stay in a marriage alone. You deserve love and companionship.

### Conclusion

We live in a fallen and broken world where people sin. God wants the sanctity of marriage to be upheld, but if your spouse is not living according to the Word, seek God's counsel as to whether divorce is appropriate in your circumstances.

You are a child of God. He will always love you. Turn to Him for guidance. Shame and fear come from evil. Hope and peace come from the Lord.



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WITH DIVORCE ATTORNEY AND  
CHRISTIAN LIFE COACH  
**MARIE SARANTAKIS** BY VISITING  
**WWW.ADRIKOS.COM**

Therefore, if anyone  
is in Christ, he is a  
new creation. The  
old has passed  
away; behold, the  
new has come."  
(2 Corinthians 5:17)